

The "Boost Your Creativity" 3-day bootcamp helps individuals and teams unlock innovative potential. Day One examines the psychology of creativity, showing how emotions and mindset shape inventive thinking. Day Two provides practical tools to integrate fresh perspectives into daily routines and ongoing projects. Finally, Day Three focuses on leadership and team dynamics, combining emotional intelligence with innovation strategies to foster a collaborative culture where creative ideas thrive.

PROGRAM

- DAY ONE

THE PSYCHOLOGY OF CREATIVITY

Understand how your brain, emotions and yourself work all together to push creativity forward. You will learn to be conscious of the elasticity of your creative thinking and actions.

- DAY TWO

CREATIVITY TOOLS FOR EVERY DAY TASKS

How to apply different methods and tools to daily tasks to do things differently and think differently. You will learn to plan how to add new ideas and creativity into your current projects.

- DAY THREE

HOW TO HELP YOUR TEAM TO BOOST CREATIVITY

How to set a structure that new ideas and thinking is easily integrated into your team dynamics and performance. You will learn a mix of skills emotional intelligence, innovation and leadership.

FOR WHOM

Suitable for individuals, teams, small companies or mid-sized organisations that want to increase their team creativity and help to think outside the box and not only in their daily operations and projects.

Researchers, scientific, entrepreneurs, professionals, consultants who are working on innovation projects, research projects, and need to help themselves and their team-mates to open their thinking to new possibilities and ideas.

CONTACT

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<https://collabwith.com>

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Schedule a call: <https://book.collabwith.com/s/jara>

PLAN OVERVIEW

3 days

2 hours every day

Live sessions

Work sessions

Online

Agenda per session:

- How to (canvas)
- Working time
- Review work
- Tips and tops

Materials:

Workbook

Access to recordings

Pricing:

100 EUR (incl. 21% VAT)

TAKE AWAYS

- A tool-kit of creative and innovation tools
- Your own framework for your team creativity
- A plan to be creative even when busy

